# Principal's Report November 2019

This year, we honored veterans by sending cards/essays/pictures made by HES students to each veteran household in Hope.

### **Professional Development:**

Nov. 25<sup>th</sup>- Elyse Pratt-Ronco - What's Right With Kids Today: A Strengths-Based Approach to Growing Resilient Learners This workshop will explore research-based strategies focused on building resilience in students. Participants will gain an understanding of how the brain is impacted by chronic stress and specific ways educators can mitigate the negative impacts. By leveraging the unique strengths of students through relationships, educators can increase persistence in the face of adversity, build individual resilience in students, and help them to embrace their struggles. We will also learn about what hope is as a cognitive construct and how it can be "grown" in students/children. Educators will work together to discuss specific ways to implement the strategies explored and make a plan for next steps with students.

Sarah Schrader attended (and presented at) the Inside Outside Conference.

Jeff Payson attended the Maine Association of Health, Physical Education, Recreation, and Dance Conference.

Staff will have a brief overview (intro/review) of Zones of Regulation.

I will be attending the MPA Conference Nov. 21st & 22nd.

I am continuing my weekly meetings with new teachers.

#### Athletics:

We have 11 girls and 17 boys on our basketball rosters.

The scoreboard has been ordered.

The large schools and small schools are combining this year, so we will play CRMS & Oceanside. We will play only one island school, North Haven. First game is Nov. 26<sup>th</sup>.

#### **INCREASE STUDENT ENGAGEMENT**

Student Council attended the Youth in Leadership Day at Hyde School in Bath.

Three students auditioned for the District III Concert in Topsham.

Our 8<sup>th</sup> graders participated in the Patriot's Pen Essay. We had four winners. Members from the VFW Post in Belfast came to present the awards.

We had an 8<sup>th</sup> grade spaghetti dinner and silent action fundraiser at the Rockport Masonic Center Saturday, November 9th. Great turnout and lots of fun! First grade had a successful fundraiser at Flatbread. Proceeds go towards outdoor gear for students.

Activity Night is Thursday, November 14<sup>th</sup> for students in grades 6-8.

Drama Club has started, as well as Change Makers. We also offer Creative Writing and Chess for after school activities.

## **BECOME A COMMUNITY OF READERS**

## **BUILD STUDENT CONFIDENCE**

We build confidence in our students each day by challenging them, using learning targets with a scale outlining the learning continuum, accepting mistakes with grace, using specific praise and encouragement, and celebrating success.